Dear House Budget Leads:

The undersigned organizations would like to respectfully request an increase of \$914,000 annually in ongoing funding be provided to expand the school-based health center program with a goal of supporting access to behavioral healthcare in academic settings.

Our children and youth are in the midst of a mental and behavioral health crisis as a result of the COVID-19 pandemic.

- Adolescents and transition-age youth (under age 24) in Washington state faced significant behavioral health challenges, even prior to the COVID-19 pandemic.
- The 2018 Healthy Youth Survey showed that more than 60% of students were experiencing significant anxiety and 40% of students were experiencing depression.
- Death by suicide among adolescents and transition-age youth is rising across Washington state.

School-based health care—alongside the important services provided by school nurses, psychologists, social workers, and counselors—is crucial to supporting our youth's behavioral health, particularly for our most underserved students with significant barriers to care in the community.

A school-based health center (SBHC) is a student-focused health center located in or adjacent to a school where students can receive integrated medical, behavioral health and other healthcare services. Studies have shown that <u>students are 10-20x more likely to access behavioral health care if they have a school-based health center in their school</u>.

In 2021, the legislature passed HB 1225 that creates a state program office for SBHCs at the Department of Health and established a grant program. Since the passage of the legislation, interest in SBHCs has grown significantly and we expect the need to far outweigh available funding.

We ask the legislature to provide an additional \$914,000 annually in ongoing state funding in the 2022 supplemental operating budget for school-based health centers to support access to integrated behavioral health care in academic settings. This funding request includes \$814,000 annually in ongoing funding for SBHC grants, and \$100,000 annually in ongoing funding for training and technical assistance for SBHCs.

This funding request was included as part of the Department of Health (DOH) <u>decision package in</u> <u>support of Young Adult Behavioral Health</u>. This strategy is also <u>supported in the 2022 recommendations</u> <u>of the Children and Youth Behavioral Health Work Group</u>.

Thank you for considering this request.

Signed,

Alliance for Gun Responsibility American Heart Association Arcora Foundation **Bethel School District** Better Health Together **Building Changes** Capitol Hill EcoDistrict Center for Children & Youth Justice Children's Alliance Communities In Schools of Washington State Network Community Health Care Community Health Center of Snohomish County Community Health of Central Washington Coordinated Care Country Doctor Community Health Centers Edmonds School District **Excelsior Family Medicine** Excelsior Wellness Foundation for Healthy Generations *HealthPoint* International Community Health Services Jefferson County Public Health Justice for Girls Coalition of Washington State Kaiser Permanente King County League of Education Voters Lummi Tribal Health Center MultiCare Health System NAMI Washington NEW Health Newport School District Northwest Health Law Advocates

Peninsula Community Health Services Planned Parenthood Alliance Advocates - Washington Puyallup School District **Quincy School District** School Nurse Organization of Washington Spokane Public Schools Tacoma-Pierce County Health Department The Health Center The National Service Office for Nurse-Family Partnership & Child First **TOGETHER!** Tubman Center for Health & Freedom UnitedHealth Group Washington Association for Community Health Washington Association of Educational Service Districts Washington Association of School Administrators Washington Association of School Social Workers Washington Bikes Washington Chapter of the American Academy of Pediatrics Washington Education Association Washington School-Based Health Alliance Washington State Becca Task Force Washington State Medical Association Washington State Parent Teacher Association Washington State School Directors' Association