



# National PTA® Reflections

## Dance Choreography Rules



**DANCE CHOREOGRAPHY** is the act of creating movement. The **choreographer** (student submitting entry) may be the performer or one of the performers, but the choreographer does not have to perform in the entry.

**Reflect on the 2015-2016 Theme:**  
***Let Your Imagination Fly***

**Consider the following styles and ensembles to portray your original choreography:** Ballet, contemporary, ethnic and folk, hip hop, jazz, and tap.

**Consider use of background song(s), props and the location to show a clear relation of the dance choreography to the theme.** An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry that involves traditional, cultural or regional dances. Whether an entry displays formal dance technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

### **Suggestions for Audio/Visual Quality:**

- Use a tripod to hold the camera still.
- Make sure there is plenty of lighting, especially if shooting indoors.
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.).
- Record a short test and watch it. If needed, change the record volume or microphone location.
- Make sure the background music (if any) is audible on the recording.
- Allow for two seconds of silence at the beginning and end of your recording.

**Copyright:** Use of copyrighted material is prohibited. Plagiarized entries will be disqualified. Use of background music must be cited on the student entry form.

### **Submission Requirements:**

- Only new pieces of artwork inspired by the theme may be submitted.
- Each entry must be the original work of one student only.
- Video must not exceed 5 minutes in length and 1GB (one gigabyte) in file size.
- Accepted file formats include: AVI, MOV, MPG, MPEG, MP4, WMV, FLV and F4V.
- Cite background music (if any) on the student entry form.
- Label DVD/flash drive with title of artwork, arts category, and division.
- Submit one (1) DVD/USB drive with the recorded performance saved as a FILE and NOT a movie in a recloseable manila envelope.
- Label DVD/USB drive with student name, title of artwork, category, division, PTA name and number.
- Original signed and completed student entry forms should be securely affixed to the front of the recloseable manila envelope in a sheet protector or plastic sleeve. DO NOT use resealable bags (i.e. Ziplocs).

***All participants must also follow Official Rules for Participation.***